



Tribune

A Carroll County 4-H Newsletter

December 2022/January 2023

UNIVERSITY OF
MARYLAND
EXTENSION

Carroll County Extension

700 Agriculture Center

Westminster, MD 21157

(410) 386-2760

M—F 8:00 A.M.—4:30 P.M.

extension.umd.edu/locations/carroll-county

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Happy Holidays!



HAPPY HOLIDAYS!! We want to wish everyone a wonderful holiday season! Thank you to all of our volunteers, 4-H members and their families for making the Carroll County 4-H Program what it is today! We look forward to seeing everyone in 2022 for a fun-filled year with LOTS of new programs! Enjoy the holidays with your family and friends!!

Mid-Winter Blah's

Registration is now open for Beat the Midwinter Blahs on **Saturday, January 28th** at the Carroll County Extension Office and Ag Center. Lots of fun classes are planned from crafts, foods, livestock and much more!! Remember, classes are filled on a first come first served basis. Also, only registration fee of \$2 is due at the time you submit registration by January 9, 2023. We will invoice for any classes that may have a fee, plus lunch (if you purchase tickets). We can't wait to see all of the great items everyone makes during the Blahs!!

Registration can be found at the end of the *Tribune*.

Demonstration Day!

It's time to start thinking about Demonstration Day 2023! This event will be held on **Saturday, February 18, 2023** at the Extension Office. Arrive between 9 and 11am, demonstrations will be given on a first come first serve basis. Start thinking about that demonstration you've been wanting to do. This is a great opportunity to compete at the county level while fulfilling a requirement for project records! All **Demonstration Day registration will be done through the Carroll County Fair website at www.carrollcountyfair.com. Registration will be open from January 9-February 10, 2023.** Rules and regulations are attached to the end of this *Tribune*. If you have any other questions, call the Superintendents or the Extension Office at 410-386-2760.

2023 Enrollment

ALL 4-H Members, Clovers and UME Volunteers will need to enroll for the 2022 4-H year. You will be able to log into 4-H (v2.4honline.com) to complete your 2023 enrollment. Please note that EVERYONE (4-H MEMBERS, CLOVERS AND UME VOLUNTEERS) will need to log into their family accounts that you have already created and re-enroll each person listed on your account. DO NOT CREATE A NEW ACCOUNT – LOG IN USING YOUR EMAIL AND PASSWORD. If you have forgotten your password there is an option to restore your password.

ALL 4-H MEMBERS AND CLOVERS MUST PAY THEIR \$10 PARTICIPATION FEE THROUGH 4-H ONLINE. UME Volunteers do not pay a participation fee!!The insurance fee that 4-H Members, Clovers and UME Volunteers will still be paid through your 4-H Club.

Remember you must be enrolled into the Carroll County 4-H Program by May 1, 2023 to be eligible to show at the 2022 Carroll County 4-H/FFA Fair or to be recognized as a UME Volunteer. If you have any questions, please call the Extension Office at 410-386-2760.

AN EMAIL WILL BE SENT ONCE THE 4-H ONLINE SYSTEM IS OPEN FOR 2023.

4-H Expectations

As you take time at the beginning of the year to work on your 4-H enrollment please take a few minutes to review several forms and documents that you are signing when you enroll in 4-H or have voted on within your clubs. As we've been hearing that it's been awhile since some of our 4-H families have been seen at their local club meetings, families not receiving information and behavior issues (especially during the fair).

Club Attendance – Each club has bylaws which are voted on by the membership. These bylaws have attendance policies set in them, which many state that if a 4-Her misses more than 3 consecutive meetings they may be removed from the club. **This could lead to not being able to participate at the fair if you're not attending club meetings.** Make sure to attend the monthly meetings as it's important part of being a 4-Her, but also a great way to be involved and know what is happening within the program.

Youth Code of Conduct – This is a set of guidelines that outlines the expectations of behavior at 4-H events. A copy has been attached to the end of the Tribune and we hope that families will take a few minutes to read through the Code of Conduct. This document is electronically signed by the 4-Her and the parent/guardian

Project Related Consents/Ethics – As you also sign up for your individual projects in 4-H Online take notice that there are consents that you are signing too. Most of these are related to animal science projects, but the shooting sports program also has additional consents that are signed too.

Please take the time to review what you are signing and what the expectations are for 4-Hers.

MD 4-H Animal Science State Update

The state will be offering a 4-H Animal Science Project Updates Webinar for Volunteers on **Tuesday, December 13th, 7:00p.m. via Zoom.** This session will provide an overview of Animal Science Program policy and event changes/updates for 2023. This session will be of interest to Maryland 4-H Volunteers working with 4-H members in the Animal Science program areas. Interested individuals should register at: <https://forms.gle/3q8MRVdAWZB6eRJW8>

Market Beef, Dairy Steer and Commercial Heifer

We have scheduled steer weigh-in for **Saturday, January 7, 2022 at the Ag Center TRP Building beginning at 8 AM until 11 AM.** Because of the location, all steers/heifers must be on a halter and reasonably broken! Market Animal Registration forms and AnSc Code of Ethics can be picked up at the Extension Office, from your club leader or email Becky (bridgewa@umd.edu) to have forms mailed to you. **Remember, the registration form is a 2-part form. You must turn in the form intact. Remember to sign the front and back of the form (3 total signatures for the 4-Her and 3 signatures for the parent/guardian).** Your copy will be given to you on the day of weigh-in. If you have questions, please call 410-386-2760. **Registration forms are due to the CC Extension Office by Tuesday, January 3rd. Tag cost is \$2 per steer/heifer. Please make checks pay-able to CCEAB or we now accept credit cards with a 5% processing fee.**

Dairy Cattle Skillathon

Are you interested in expanding your knowledge of the Dairy Cattle project? If so, the Dairy Cattle Skillathon is the place for you. Join other interested youth to learn about the various breeds, feeds, hay, vet practices and more at our Dairy Cattle Skillathon practices beginning in November. You will then be well prepared to compete in the State Dairy Skillathon Contest in the spring. If you are interested or have any questions, please contact Leeann Sanders at 908-208-8550 or PoppysPrideGoats@gmail.com. Please mark these dates for practices: **All practices will begin at 7pm at the Extension Office.**

Practices Dates: 12/7, 12/21, 1/4, 1/18

Dairy Bowl

It will soon be time to start Dairy Bowl practices again!! Remember, anyone who has an interest in learning more about the dairy industry can attend these practices. **Practices will be held on:**

February 2, 9, and 23 (Thursday's), March 2, 9, 23, and 30 (Thursday's)

April 5, 13 and 19 (Wednesday's)

All practices will be at the Extension Office. For more information contact Gary Brauning at 443-375-6963.

Poultry Orientation

If you plan to OR are thinking about entering in the poultry department at the 2023 fair, you will need to attend one of the orientations scheduled for Tuesday, March 14, Wednesday, April 5, and Thursday, May 4th. All meetings start at 7pm at the Extension Office. This includes if you think you are going to show eggs, poster of if a clover. This includes first year exhibitors or returning exhibitors. These orientations will explain entering, knowing what breed you have, expectations of you during fair week, what to expect from the poultry committee during fair week and the ever-changing fair schedule. It is nearly certain that there will be lots of changes in the schedule for this year. If you showed in the poultry department in 2022 you are required to have completed a Poultry Project Record in order to exhibit in the 2023 fair (clovers exempt). There will not be ANY make up orientations and there will not be ANY online opportunities to complete the orientation. Please do not put off attending an orientation. Remember you are required to attend 1 (one) of the in person orientations in order to exhibit. Any questions please call Nancy Carlisle at 443-605-5134.

Horse Bowl

Do you have an interest in learning about horses, but don't own one? No worries, you can still participate in all the fun horse related events! Take a chance and come out to Horse Bowl practices to learn everything you ever wanted to learn about horses and more than you ever dreamed! **Practices will be held at the Extension Office starting on January 4th at 7pm. Practices will run every Wednesday night until the state contest in March.**

Club Officer Training

Are you a new club officer for 2023? Want to learn about your office and how to best fulfill your role and new responsibilities? Join other youth officers for an evening of training, team building and fun! Club Officer Training will be held on **Friday, January 13th at 6:30pm at the Extension Office**. Pizza and drinks will be provided for all participants. Clubs are encouraged to send all of their club officers to this new training opportunity. Register by January 11th at <https://forms.gle/Rnu9EEscS3FLtD1m9>

Career AGsperience Opportunities

Starting to think about your future? Want a better understanding of writing resumes, interviewing, how to find jobs or what to consider to further your education? Career AGsperience is for you then! **Join us either virtually (January 24– February 28, every Tuesday night at 6:30pm) or for a 1-day in-person program on Saturday, February 25th at the Howard County Fairgrounds** to explore your future. Remember, you do not have to be interested in an agriculture related career to participate in this program. The information shared works for any future career your thinking about! Register at: <https://forms.gle/fakCmBiqLGiLq8Lz7>

2023-24 Senior Ambassador Applications

Are you a Senior 4-H member and interested in being more involved in the 4-H program? Do you enjoy becoming involved with community projects, helping at the fair, and setting examples in leadership and citizenship in the community? If so, you are a perfect candidate to apply for the 2023-24 Senior Ambassador Team! Applications can be found at: <https://extension.umd.edu/locations/carroll-county/local-4-h-youth-education/leadership-opportunities>

Applications are due to the Extension Office by Friday, March 4th and interviews will be held on Saturday, March 18th. If you have questions, please contact Becky at the Extension Office.

Diamond Clovers

Are you working toward achieving level 1-5 of the Diamond Clover Program? 2022 Reports and 2023 plans are due to the Extension Office by **Monday, February 6th**. Remember, you must submit your 2023 plan before starting on any of the task for the year. The Diamond Clover Program starts for members at 4-H Age of 9. If your next step is Level 6, make sure to read all of the guidelines and those plans are due by September 30th for you to start in 2024 (you must have approval from the state 4-H office) . Diamond Clover information can be found at: <https://extension.umd.edu/programs/4-h-youth-development/program-areas/youth-and-adult-leadership/diamond-clover-awards-and-scholarships>

Quilting Workshop

Join us on **January 14th** for our **Irish Chain Lap Quilt Workshop**. Please also keep February 4th open as a day to come back and finish your quilt if needed. We will meet at the Extension Office from 9am-3pm. Please pack a lunch. Fabric will need to be provided by the participant. Measurements and amounts will be sent to you after registration closes. This is open to the first 8 youth that register. Participants **MUST** be 8 years or older, able to use sharp scissors, a rotary cutter and not afraid of using a sewing machine. Parents of younger participants are encouraged to stay. Please email Jennie at jchameli@umd.edu if you have any questions. Register at: <https://forms.gle/14TEEDGgS2awVfER7>

Free Fabric

We have been very fortunate to receive quite a few donations of fabric over the past several months. There is a variety of fabrics that would be great for those that are just starting out sewing or maybe have a great project you'd like to complete. Stop by the office anytime and we'd be happy to let you go through all of the fabric.

Advanced Rocketry Workshop

Join us on **Saturday, February 25 from 9am - noon in room A/B of the Extension Office for our Advanced Rocketry Workshop** This workshop is for the experienced rocket builder. We will be building a more advanced rocket and learning different finishing techniques. **Participants should have built at least one rocket before, independently and be at least 11 years old.** This class will be \$10 per participant. Please pay at the link below. All supplies will be provided, including one engine. Please email Jennie at jchameli@umd.edu if you have any questions. Register at: <https://forms.gle/SwhY1iTHyaKDFMUw5>

Laser Cutting Workshop

Join Torrey Silliman at the **Exploration Commons Maker Space located in the basement of the Westminster Public Library on December 28th, 2022 from 9:00 AM - 1:00 PM** to learn how to design and laser cut your very own decorative box! Youth must be ages 12+ to sign-up, and registration is limited to 4 youth. The first 2 hours will be spent learning how to navigate Adobe Illustrator and designing the outside of your box. The last two hours will be spent creating a prototype of your box in cardboard before finally cutting it out in wood! Contact Torrey Silliman at tsillima@umd.edu with questions. Sign-up here: <https://www.eventbrite.com/e/4-h-laser-cutting-101-tickets-477420576797>

Public Speaking

Prepare your speaking voices for the annual day of Public Speaking scheduled for Saturday, March 11th beginning at 9am. Rules and Regulations will be in this *Tribune* and can be found on the fair website. **Registration will open on January 9th and MUST be completed by February 10th.** The procedure will be the same as past years, no pre-scheduled times, but you must be present between 9 and 11am to deliver your speech. Any questions, please contact the Extension Office or Superintendents, Della Leister at (443) 375-0123 or Rita Becker at (443)375-1114. You must go to www.carrollcountyfair.com and complete registration through the fair entry system.

2023 Camp

Already dreaming of camp? Add these dates to your 2023 calendar!

June 19-22, 2023—Younger Week (Age 8-11)

July 10-14, 2023—Older Week (Age 10-16)

Youth Leader Applications are now available for those interested in serving in a volunteer youth staff position at camp. Youth ages 12 and older (by June 2023) are eligible to apply. Click the link below to complete the application. If a paper form is needed, please contact the Extension Office at 410-386-2760. Interview dates will be emailed out in December.

Youth Leader Application— https://docs.google.com/forms/d/e/1FAIpQLScz7AYKMyIPG4_LApEue76nbUG9C4QF2NnhA0mG0mwBWSPSXQ/viewform?usp=sf_link

Youth/Volunteer Award Nominations

It's time to think about all those amazing 4-Hers and UME Volunteers that we have in Carroll County!! Was there someone who really went above and beyond in 2022 that you feel should be recognized at the 2023 4-H Achievement Program? Then take a few minutes to nominate them. **Volunteer nominations are due by January 20, 2023 and 4-H nominations are due by February 28th**. Nominations can be completed through the link below or by completing the attached form.

Link for Volunteer and 4-H member nominations—<https://forms.gle/Sn4TCmDgJutdUDVh8>

Senior Portfolio/National Trips

We hope to see LOTS of Senior Portfolios submitted by January 2nd to the Extension Office for review!! Portfolios showcase a 4-H resume and essay highlighting the amazing accomplishments of senior 4-H members (must be 14 years old as of January 1st to apply). Through the portfolio process 4-Hers can apply for national trips to National 4-H Congress, 4-H Conference, Camp Minwanica and more! As part of the process you will also need to answer the essay question "Describe the benefit of participating in 4-H to an elected official and why they should support the 4-H Program." **Portfolios applying for National Trips are due on 4-H Online by January 15th!!**

Record Books

It's a great time to start thinking about your 2022 record books! Record books are a great way to keep track of your 4-H career and highlight your accomplishments. The record book includes a junior summary, project records (which you already do), a 4-H story and a few more items. Record Book covers are available at the Extension Office for free. Record Books are due **Monday, February 6, 2023**. More information can be found at: <https://extension.umd.edu/locations/carroll-county/local-4-h-youth-education/project-records-and-record-books>

Clover Memory Books

Clover members are able to put together a Clover Memory Book (scrapbook) of their year in 4-H. Clover Memory Books highlight everything clover members did throughout the year including pictures, ribbons, judging score sheets, etc. Guidelines for memory books can be found at: <https://extension.umd.edu/locations/carroll-county/local-4-h-youth-education/project-records-and-record-books> at the bottom of the page. Memory Books are due **Monday, February 6, 2023**.

New 4-H Family Series

Join the 4-H Team as we provide an introduction into the 4-H Program! We know it can be confusing when first joining, so this is your opportunity to come out and learn more about all of the opportunities that 4-H has to offer! Five workshops will be offered throughout this series. Your welcome to attend as many as you'd like. We will be highlighting several different areas of the program:

January 20—Introduction to 4-H (What is 4-H? How do we join? Opportunities, etc.)

February 17—All About Animal Science (Learn about different opportunities relating to our animal science program from small animals, dogs, horses and livestock)

March 17—Get Involved through Environmental Sciences (Learn more about environmental science programs including camp opportunities)

April 21—Hands-on with Everything 4-H! (This sessions focuses on all of the 4-H programs you would see in our indoor building at the fair from sewing, photography to year round activities)

May 19—Fair Time! (General overview of life during fair week, fair entries and more!)

All parts of this series will occur on Friday nights starting at 6:30pm at the Carroll County 4-H Extension Office. This is a great opportunity to learn more about 4-H if just joining or if you want more information on the program before committing to becoming a member.

If you have questions, please email Becky Ridgeway at bridgewa@umd.edu

Register at: <https://forms.gle/ni91DSAUMekWvpLo9>

Leadership Council & All Stars Meeting

Join the Carroll County 4-H Team for the fall Leadership Council meeting on **Wednesday, February 1 at 6:30pm at the Extension Office**. This meeting is open to any senior 4-H member, UME Volunteer and parent/guardian. An overview of what has been happening in 4-H will be provided, an overview of upcoming programs and an opportunity for comments and questions from attendees. The Carroll County 4-H All Stars will be meeting immediately following the Leadership Council Meeting.

UME Volunteer Training

If you aren't already a UME Volunteer, make plans to complete the training in 2022. Just email Becky (bridgewa@umd.edu) and you can complete all of the required paperwork and training directly from your home. Trainings can be completed at anytime!

Fair Reminders

Everyone is welcome to participate in Fair Board meetings held at the Extension Office/Ag Center. The next meeting dates are: December 7th (Annual potluck holiday dinner/meeting), January 25, 2023

Too many ribbons? Don't throw them away. If they are in good shape, drop them off at the Extension Office and we will recycle them for next year. Let's recycle!

2023 Fair Dates—July 29—August 4, 2023



Dates to Remember

| | |
|-------------|---|
| December 7 | Dairy Cattle Skillathon, Extension Office, 7pm |
| December 10 | Project Record Judging, Extension Office, 9am |
| December 21 | Dairy Cattle Skillathon, Extension Office, 7pm |
| December 26 | Extension Office Closed, Christmas |
| December 28 | Laser Cutting 101, Exploration Commons, 9am-1pm |
| January 2 | Extension Office Closed, Happy New Year! |
| January 3 | Senior Portfolios Due to Extension Office Steer/Heifer Livestock Registrations Forms Due Livestock Skillathon Practice, Extension Office, 7pm |
| January 4 | Horse Bowl Practice, Extension Office, 7pm |
| January 7 | Beef, Dairy and Commercial Heifer Weigh-In/Tagging, Ag Center (TRP), 8am-11am |
| January 10 | Livestock Skillathon Practice, Extension Office, 7pm |
| January 11 | Horse Bowl Practice, Extension Office, 7pm |
| January 13 | Club Officer Training, Extension Office, 6pm |
| January 14 | Quilt Workshop, Extension Office, 9am |
| January 16 | Extension Office Closed, Martin Luther King Day |
| January 17 | Livestock Skillathon Practice, Extension Office, 7pm |
| January 18 | Horse Bowl Practice, Extension Office, 7pm |
| January 20 | New Family Workshop, Extension Office, 6:30pm |
| January 24 | Livestock Skillathon Practice, Extension Office, 7pm Career AGsperience, Virtual, 6:30pm (6-week program on Tuesdays) |
| January 25 | Horse Bowl Practice, Extension Office, 7pm |
| January 27 | Demonstration Workshop, Extension Office, 9am |
| January 28 | Beat the Mid-Winter Blah's, Extension Office, 9:30am |
| January 31 | Livestock Skillathon Practice, Extension Office, 7pm |
| February 1 | Horse Bowl Practice, Extension Office, 7pm |
| February 2 | Leadership Council and All Star Meeting, Extension Office, 6:30pm Dairy Bowl Practice, Extension Office, 7pm |

Carroll County 4-H Team

Becky Ridgeway

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The Carroll County 4-H Website. Find the *Tribune* online, plus other forms and information for youth and leaders.
<http://extension.umd.edu/locations/carroll-county>

The MD 4-H Youth Development Website, news & information from all over the state, plus forms and information for youth & volunteers. <http://extension.umd.edu/programs/4-h-youth-development>

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.

The information given herein is supplied with the understanding that no discrimination is intended and no endorsement by University of Maryland Extension is implied.

If you need a reasonable accommodation to participate in any event or activity, please contact the Carroll County Extension Office at 410-386-2760, fax: 410-876-0132, at least two (2) weeks prior to the program.





A goal of the Maryland 4-H Program is to provide opportunities for children and youth to build character. Maryland 4-H supports the CHARACTER COUNTSSM six pillars of character: **TRUSTWORTHINESS, RESPECT, RESPONSIBILITY, FAIRNESS, CARING, AND CITIZENSHIP**. In order to ensure Maryland 4-H programs provide positive environments for all individuals to learn and grow, 4-H participants agree to abide by these expectations of behavior:

- ✿ I will be **TRUSTWORTHY**. I will be worthy of trust, honor, and confidence. I will be a model of integrity by doing the right thing even when the cost is high. I will be honest in all my activities, and I will not cheat, lie, knowingly give false information, or be dishonest in any other way. I will follow through on commitments I make and responsibilities I accept. I will not engage in illegal or unethical behavior.
- ✿ I will be **RESPECTFUL**. I will show respect, courtesy, and consideration to everyone, including other program participants, those in authority, and myself. I will act and speak respectfully. I will not use vulgar or abusive language or cause physical, mental, or emotional harm. I will dress in a manner that is appropriate, tasteful, and respectful for youth. I will take care of property and facilities and will not intentionally cause harm or damage. I will appreciate diversity in skill, ability, gender, ethnicity, family, and personal beliefs. I understand that Maryland 4-H does not tolerate statements or acts of discrimination or prejudice.
- ✿ I will be **RESPONSIBLE**. I will be responsible, accountable, and self-disciplined in the pursuit of excellence. I will live up to high expectations so I can be proud of my work and conduct. I accept my personal responsibility to be informed of and follow policies, rules, and procedures of Maryland 4-H and 4-H events or activities in which I participate. I will be accountable for my choices and actions and I will take responsibility for any mistakes or misconduct in which I participate.
- ✿ I will be **FAIR**. I will be just, fair, and open-minded. I will participate in events by following the rules, not taking advantage of others, and not asking for special exception or consideration. I will demonstrate good sportsmanship and will accept the final outcome of events and contests.
- ✿ I will be **CARING**. I will be caring in my relationships with others. I will be kind and show compassion for other people and living things. I will treat others the way I want to be treated. I will show appreciation for the efforts of others. I will help members of my group to have a good experience by striving to include everyone.
- ✿ I will be a **GOOD CITIZEN**. I will be a contributing and law-abiding member of the organization, community, and society. I will not use illegal or illicit substances such as tobacco, alcohol, or drugs. I will not act in a manner that is threatening, harassing, demeaning, or violent toward others, and I will not use technology or media to promote such actions. I will be respectful to the environment and contribute to the greater good. I will promote a spirit of inclusion by welcoming individuals from all backgrounds in my club and community. I will positively represent Maryland 4-H by holding myself to the standards of the 4-H Pledge and Motto.

SMCHARACTER COUNTS! Is a service mark of the CHARACTER COUNTS! Coalition, a project of the Josephson Institute of Ethics.





Youth Code of Conduct:

Maryland 4-H expects youth participating in programs to behave in an acceptable manner and in accordance with the Maryland 4-H Code of Conduct outlined on the reverse of this document. 4-H participants who engage in unacceptable conduct are subject to discipline. Youth behaviors that are unacceptable under the Code of Conduct include, but are not limited to:

- Possession, use, or distribution of alcohol and/or illegal or illicit drugs
- Possession or use of weapons or dangerous materials
- Possession or use of tobacco products, including smokeless tobacco, e-cigarettes, smokeless “vaping” devices, and/or other nicotine delivery devices.
- Misuse of prescription or non-prescription drugs or substances
- Sexual activity
- Lying, cheating, misrepresenting project work, or other unethical practices
- Unauthorized absence from program site
- Physical, verbal, emotional, or mental abuse of, or threats toward, another person
- Theft, destruction, or abuse of property
- Use of electronic devices and/or social media to bully, demean, harass, or threaten another person
- Use of technology to create, transmit, post, or willingly receive unacceptable content such as that containing profanity, advocacy of use/possession of alcohol or drugs, violence, sexual misconduct, nudity, etc

Maryland 4-H Disciplinary Policy and Procedures:

Youth associated with or participating in Maryland 4-H are expected to conduct themselves in a manner consistent with the standards of integrity, sportsmanship, and responsibility associated with the 4-H Youth Development program. Youth who fail to observe these standards may be dismissed or removed from 4-H activities, events, or programs, and may be subject to sanctions or disciplinary action up to and including termination of membership. Incidents or issues that may subject a youth to disciplinary action will be managed as follows:

1. The local 4-H Educator will notify the youth and parent/guardian in writing of the nature of the unacceptable conduct, the potential consequences, and the process that will take place.
2. The youth will be offered the opportunity to present their view or explanation by participating in an in-person meeting, presenting a written statement, or both. The youth’s parent/guardian will be present for any in-person communication. Written communication must be presented by the youth, with assistance from a parent/guardian as appropriate.
3. The 4-H Educator, in consultation with the local A/CED, will consider all presented matters and determine the appropriate resolution. The youth will be notified in writing of the 4-H Educator’s decision and any sanction(s) to be imposed.
4. If the youth wishes to appeal the 4-H Educator’s decision, they may do so in one of two ways:
 - a. The youth may request a Review Committee to evaluate the 4-H Educator’s decision and make recommendations to the State 4-H Program Leader.
 - b. The youth may appeal directly to the State 4-H Program Leader.

The youth’s request for appeal must be made in writing.
5. The State 4-H Program Leader will review the appeal and notify the youth of his/her decision in writing. The State 4-H Program Leader’s decision is final.

The Maryland 4-H Disciplinary Policy may be viewed in full on the Maryland 4-H Website.

BEHAVIOR PLEDGE

I have read the Maryland 4-H Code of Conduct and the Maryland 4-H Disciplinary Policy and Procedures. I am aware that my actions and decisions affect me and others and that poor actions or decisions may result in my loss of privileges for current and future 4-H programs. I will accept the appropriate and logical consequences of my actions, as determined by Maryland 4-H.

4-Her’s Printed Name

4-Her’s Signature

Date

As the parent/guardian of _____, I have read the Maryland 4-H Code of Conduct and the Maryland 4-H Disciplinary Policy and Procedures. I will support and uphold these principles, and will model positive behavior for my child and other 4-H youth and families. I will support the individual in charge of maintaining appropriate behavior at 4-H programs, events, and activities. I agree to accept the appropriate and logical consequences of my child’s actions as determined by Maryland 4-H and the University of Maryland Extension.

Parent/Guardian’s Printed Name

Parent/Guardian’s Signature

Date



Demonstrations & Illustrated Talks

Superintendents – Jenn Hiscock (443) 244-1633 hiscockjenn@gmail.com
Erica McAndrew (410) 967-9399 erica.mcandrew@gmail.com
Assistants – Sandra Stonesifer (410-857-0416)

CONTEST: SATURDAY, FEBRUARY 18, 2023 – 9:00 A.M.
CARROLL CO. EXTENSION OFFICE

**CLASSES 005 AND 006 ARE DUE TO THE CARROLL CO. EXTENSION OFFICE
BY FEBRUARY 3, 2023.**

- **THERE WILL BE NO ASSIGNED TIMES FOR DEMONSTRATIONS THIS YEAR WITH THE EXCEPTION OF TOP CHEF CHALLENGE.** The contest will start at 9:00 a.m. Report to the registration desk in Burns Hall no later than 11:00 a.m. to participate.
 - **You will need to pre-register. Registration forms will be available on the Carroll County Fair website. There will be a link to direct you to the form. You will need to create a different login from the one you used for the fair.**
 - Room Monitors (those who assist in keeping the day running smoothly) are needed. Call Sandy Stonesifer at 410-857-0416 or the 4-H office to sign up. Room monitors will be given the opportunity to do their presentation.
 - Classes – ages as of January 1 of the current year – Clovers – ages 5-7; Junior – ages 8-10; Intermediate – ages 11-13; Senior – ages 14-18.
-

DIVISIONS – Rules and Regulations

1. Division A – Juniors (ages 8 thru 10)
2. Division B – Intermediates (ages 11 thru 13)
3. Division C – Seniors (ages 14 thru 18)
4. Division D – Clovers (ages 5 thru 7)
5. **Participants may give both an individual and team demonstration or illustrated talk. If two are given, they must be in different classes. One team member MUST contact superintendent to indicate who is giving the demonstration. BOTH team members must register online.**
6. **ATTENTION TOP CHEF Challenge Participants: You will be notified of your presentation time prior to the event.**
7. There is a limit of 3 demonstrations given per person.
8. The length of a demonstration or illustrated talk should be: Junior Division – minimum 5 minutes, maximum 8 minutes; Intermediate Division – minimum 8 minutes, maximum 10 minutes; Senior Division – minimum 10 minutes, maximum 15 minutes
9. Previous state champion demonstrators are eligible to compete in the same project area within each age division.
10. *Types of demonstrations participant can give:*
 - a. **Illustrated Talk** - Structured with an introduction, body, and summary. Instead of actually showing how to do, you explain how by use of illustrations, charts, or posters. You usually do this kind of talk in an area where you cannot actually show “how to do something” (i.e., How To Prepare A Compost Manure Bed).
 - b. **Formal Demonstration** - Structured with an introduction, body, and summary. You are showing step-by-step how to do something resulting in a finished product.
11. Live animals are no longer allowed to be brought to the Extension Office as part of the demonstration or illustrated talk for classes 1008, 2008, 3008. Live animals may be used in classes 1009, 2009, 3009. Please be sure animals are properly restrained.
12. Shooting Sports demonstrations using firearms, must be left in a vehicle until time of presentation and immediately returned to vehicle at the conclusion of demonstration. Also firearms, must be inspected by a UME Volunteer trained within the shooting sports program prior to start of demonstration.
13. You may use “PowerPoint” as part of an Illustrated Talk. **It will be your responsibility to provide a laptop computer for the presentation.** A representative from the 4-H office will assist in setting up

and connecting to the projector. You **MUST contact the superintendent in advance** so arrangements can be made for the presentation to be done in a room with a projector.

14. Premiums- \$10.00 per demonstration given; rosettes will be given to everyone who participates. Champion demonstrations will be awarded a medal. Club groups may participate and will be awarded a \$25 premium per demonstration.
15. **Club demonstrations must be registered for a demonstration under the club and not the name of an individual. Please contact the superintendent if you have any questions.**

CLASSES – Section 001

Jr. Int. Sr.

| | | | |
|------|------|------|--|
| 1001 | 2001 | 3001 | Automotive, Tractors, Small Engines, Bicycles |
| 1002 | 2002 | 3002 | Arts & Crafts, Photography |
| 1003 | 2003 | 3003 | Clothing, Personal Appearance |
| 1004 | 2004 | 3004 | Conservation, Entomology, Forestry, Marksmanship (See rule above) |
| 1005 | 2005 | 3005 | Family Life, Child Care, Safety, Health, Home Environment |
| 1006 | 2006 | 3006 | Gardening, Plan & Plant, Ag Commodities |
| 1007 | 2007 | 3007 | Handyman, Electric, Woodworking |
| 1008 | 2008 | 3008 | Livestock – Beef, Sheep, Swine, Horse/Pony, Dairy goat, Dairy Cattle, Veterinary Science (See rule above) |
| 1009 | 2009 | 3009 | Livestock – Rabbits, Poultry, Small Pets, Dogs |
| 1010 | 2010 | 3010 | General |
| 1011 | 2011 | 3011 | Food/Nutrition |

Section 002 – Clovers (ages 5, 6 and 7 years of age as of January 1 of the current year) – Rules and Regulations

1. Clovers will be evaluated and encouraged but not judged using the Danish system. All youth will receive a participation award. Premium offered for each clover's presentation is \$5.
2. A special clover evaluation sheet will be given to each participant.
3. No large animals are to be used in the demonstration. Kitchen facilities **WILL NOT** be available to clover demonstrators.
4. Demonstrations can be a team or individual presentation.
5. Class 120

Section 003 – Horticulture– Individual – Rules and Regulations

1. No individual or team will be allowed to present the same demonstration in successive years.
2. There is no minimum time limit. The maximum time limit is 15 minutes. Demonstrations over this time limit will be penalized. Set-up and take-down time is not included in the 15 minutes allotted for the demonstration.
3. At the end of the presentation the judges will have the right to ask questions. Questions will not be allowed from any individual other than the judge(s).
4. Presentations must be a demonstration.
5. Participants are responsible for bringing everything they need for their presentation. This includes extension cords, bowls, tablecloths, utensils, etc. Although every effort will be made to have a refrigerator and stove accessible, there is no guarantee.
6. Open flames are **prohibited** in any portion of the demonstration.

CLASSES – Section 003

| | |
|------------|--|
| Class 4025 | Production – Any practice that has to do with growing vegetables, fruits, nuts, flowers, ornamental plants and turf as well as those practices concerned with maintaining, replenishing, or increasing the productive capacity of the soil. |
| Class 4026 | Marketing – Operations in preparing vegetables, edible tree nuts, fruits, flowers, and ornamental plants for market, offering for sale to a buyer or preparing for storage and exhibiting those horticultural crops. |
| Class 4027 | Artistic Arrangement of Flowers and Vegetables – The use of flowers, vegetables and other horticultural crops in arrangements, corsages and plaques. Materials used may be live or |

dried. Weeds and native materials may be used. Artificial plants and flowers are not to be used.

Class 4028 **Landscaping** – Any practice that has to do with arrangement, establishment and maintenance of flowers, ornamental plants and turf around or within the home, business or public grounds. (Demonstrations on growing landscaping materials should be entered in the production class. Cut flower arrangement should be entered in class 4027.)

Section 004 – Top Chef Challenge – Rules and Regulations

1. **ALL TOP CHEF Challenge participants will participate in their age group categories. Seniors will go from 9:00-10:00 a.m.; Intermediates will go from 10:00-11:00 a.m.; Juniors will go from 11:00 a.m.-12:00 p.m.**
2. Participants for the event will compete simultaneously in their own designated workspace.
3. Participants will create their own healthy dish based on their age division. Prepared dish will be presented on a table setting using your own dishware, utensils, napkins, glassware, etc. appropriate to the theme of the dish.
4. Table settings require a tablecloth for the serving table, plastic or glassware dishes to serve the food item, appropriate utensils, napkins, and anything else that would help display your food item.
5. All ingredients should be measured during the presentation.
6. Participants will have access to a microwave, electric range, and oven. Those who use one or more of these, remember the time constraints for preparation time and demonstration time.
7. Participants will be given 20 minutes or less to prepare the kitchen set-up, ingredients, equipment, and anything else needed and then will have a maximum of 30 minutes to demonstrate how they prepare the dish.
8. Participants will be judged on their preparation skills before the demonstration begins.
9. **OPTIONAL** Add-ons for your presentation: nutrition fun facts, ingredient card, poster
10. Participants should practice safe food handling skills including washing hands, food sanitation, monitoring temperature of perishable items, keeping a clean work environment, and wearing proper attire (Ex. Aprons, tying hair back for events, wear cover-toed shoes, wear oven mitts, etc)

CLASSES – Section 004

Class 1030 Jr. Entry: “Fast and Fab: Easy but delicious ideas for busy 4-H families” Dessert
Class 2030 Int. Entry: “Fast and Fab: Easy but delicious ideas for busy 4-H families” Appetizer
Class 3030 Sr. Entry: “Fast and Fab: Easy but delicious ideas for busy 4-H families” Main Dish

Section 005 – Menu Judging – Objectives

1. Participants are encouraged to select and plan menus for one day according to the Dietary Guidelines.
2. Participants acquire knowledge about the nutritional value, cultural and ethnic characteristics of a wide variety of foods.
3. Participants develop skills in selecting and balancing meals for one day for a variety of lifestyles to learn how lifestyles affect meal patterns.
4. Participants apply nutrition information to food choices.
5. Participants use nutrition labeling in selecting foods for quick meals.

Section 005 – Menu Judging - Rules and Regulations

1. **Participants will only be allowed to exhibit 2 menu entries.**
2. Menus should include the correct number of servings from each food group in the Pattern for Daily Food Choices.
3. Menus should include contrast of color, texture and flavors. Only one menu entry per class will be accepted for each 4-H member. Menu entries will be received no later than February 3, 2023, at the Carroll County Extension Office. Judging will occur prior to Demonstration Day.
4. On the reverse side of the menu - print – name – age – complete address – class number
5. On an additional page, describe for whom the menu is planned to include self or other family member, age, activity or other information. Tell why the menu is balanced and explain how selections meet the Dietary Guidelines.
6. Menus should include a description of the preparation methods and amounts of foods.

7. Judging criteria includes (score sheets available at the 4-H Office): Nutrition – 30%, Variety – 30%; Meal Appeal – 10%; Moderation of sodium, fat, sugar – 10%; Food Needs of Family Member – 10%; Creativity – 10%
8. Prepared menu for a day using the MyPlate Nutritional Plan. Three meals, including no snack, hand printed or typed vertically on one 8 ½” x 11” sheet of paper, mounted on construction paper – no pictures. Updated information available from the 4-H Office.
9. Class Champions will be eligible for further competition during the Maryland State Fair.
10. Premiums – \$10.00 premium awarded for each demonstration given.

Classes – 005 - Menu Judging

Jr. Int. Sr.

| | |
|----------------|---|
| 1035 2035 3035 | Convenience Foods – One or more meal(s) -- may include pre-packaged or prepared convenience food(s); i.e., TV dinner, frozen entrée or side dish, packaged rice or macaroni product, etc. Attach label(s) from the convenience food used. |
| 1036 2036 3036 | One Meal is from a Fast –Food Restaurant – one meal is purchased from a fast-food restaurant. Attach nutritional information from the fast-food restaurant. |
| 1037 2037 3037 | One meal is a packed lunch – one meal should be written as a bagged or packed meal. |
| 1038 2038 3038 | Vegetarian Menu – three meals meeting the nutritional needs of a vegetarian (lacto-ova). You may include dairy products and/or eggs, but not meat, poultry, or fish. |
| 1039 2039 3039 | Ethnic Menu – describe the culture represented |

Section 006 – Food & Nutrition Poster Contest – Rules and Regulations

1. **Only one entry per 4-Her is accepted.**
2. Posters may be eligible for exhibition at the Maryland State Fair.
3. Posters may be either horizontal or vertical. Horizontal posters are encouraged; however, avoid a square-shaped poster.
4. Posters must be designed or affixed to a standard poster board with 14” x 22” dimensions.
5. Posters may be designed using watercolor, ink, crayon, acrylic, charcoal, oils, or collage. It must not be three-dimensional.
6. Well-known cartoon figures – such as Sponge Bob, The Simpsons, Scooby Doo, etc., cannot be used because they are protected by copyrights. Brand names of foods cannot be used.
7. The exhibitor’s name, age, address, and a brief interpretative statement should be clearly written on a piece of paper and attached to the back of each poster in the upper left-hand corner.
8. Judging criteria includes information given and idea expressed – 25%; art, design, and lettering – 25%; construction – 10%; and nutrition information – 40%.
9. Posters will be received no later than February 3, 2023, at the Carroll County Extension Office. Judging will occur prior to Demonstration Day.
10. All posters will be judged on the Danish System. Score sheets will be provided for the poster exhibits.
11. Premiums – \$10.00 premium awarded for each demonstration given.

CLASSES – Section 006 – Food and Nutrition Poster Contest

| | |
|------------|------------|
| Class 1045 | Jr. Entry |
| Class 2045 | Int. Entry |
| Class 3045 | Sr. Entry |

Section 007 – Food Science Display – Objectives

- Participants will develop an appreciation of the scientific process through planning and conducting experiments in food and nutrition.
- Participants gain experiences in reviewing, organizing, and interpreting scientific ideas in food and nutrition.
- Participants increase their knowledge about how science is used to convert raw agricultural produce into processed food products.
- Participants increase awareness of the relationship of biological and physical sciences to food and nutrition.
- Participants understand the importance of food and agricultural science and technology in providing a wide array of foods in today’s markets and to recognize the many career opportunities.

Section 007 – Food Science Display - Rules and Regulations

1. No project may involve any live animals or harmful chemicals, explosives, open flames, or any other potentially dangerous materials.
2. Exhibitors must work on their displays individually. Team projects are NOT allowed.
3. **Youth presenting a Food-Science Display will participate in conference judging on Demonstration Day. The displays are not due ahead of time to the Carroll County Extension Office.**
4. The size of the display must be a minimum of 28” W x 14” D x 22” H or a maximum of 42” H x 36” W x 17” D and sturdy enough to stand alone.
5. The report may be hand-written or typed and attached to the display board. DO NOT attach multiple pages.
6. Food-Science Display scoring – Scientific thought – 35%; Originality – 25%; Thoroughness – 20%; Technical Skill – 10%; Clarity – 10%
7. Class Champions will be eligible for further competition at the Maryland State Fair.
8. Premiums – \$10.00 premium awarded for each demonstration given.

Parts of Display –

Title – The title is written as a question or statement. Examples: What are the Effects of Enzymes on Fruits? OR The Effects of Enzymes on Fruits

Purpose – The purpose is a short statement of why the project was done. Example: The purpose of this project is to determine the effects of enzymes on the browning of fruit.

Problem – This tells what you want to investigate. This is usually in the form of a question. Example: Why do apples turn brown when exposed to air?

Procedure – The procedure records the step-by-step manner in which the experiment was performed. Careful thought should be given to the identification of variables and the materials used.

Results – The results present an organized view of the information collected. Charts, graphs, tables, pictures, and/or drawings should be used to explain the results to others.

Conclusion – The conclusion explains the importance of the results. You will tell what you think the data you have gathered means.

The Display –

- Your display must be a three-sided display. It will be exhibited standing so it must be able to stand by itself. Please check these suggestions and exact sizes listed previously:
- Make your backboard from sturdy light-weight material: Heavy tag board, cardboard, or poster board are good choices for backboard materials. Put the three sections or the backboard together with hinges or strong, wide tape.
- The title and other large letters may be cut out of construction paper and attached to the backboard. Stenciled or stick-on letters may also be used. Make sure that your title is easy to see.
- Drawings and sketches should always be drawn in pencil first and then re-traced. It is better to draw them on separate pieces of paper, mount them on construction paper, and then attach them to the backboard. Make sure all drawings and pictures are labeled.
- Plan to put the experiment in front of the center part of the backboard. You may use the equipment and the samples as part of the display.

Food-Science Experiment

This display offers exhibitors the opportunity to use the “learning by doing” process to discover important scientific facts as well as experience the joy of exploration. It is important that the youth allow ample time to complete the experiment and build the display before the competition. Re-read the descriptions and requirements of the Food Science Display and allow ample time to complete the project.

Scientific approaches – Youth should follow the scientific method in conducting their experiments using inductive reasoning. Inductive reasoning bases the conclusions on the examination of data collected: i.e., the fermentation of dough is affected by the temperature. The inductive approach would take identical pieces of dough and ferment for the same period of time at different temperatures and record the differences in size of the fermented dough before coming to a conclusion.

The scientific method involves four steps:

The Purpose/Problem that will be answered through investigation (hypothesis, a statement that will be either proven or challenged).

Procedure – a statement of how the investigation is to be carried out. This step requires careful planning and thinking about the investigative plan of attack.

Results – information gathered during the investigation is called data. After the data are collected, they need to be tabulated or diagrammed to aid in the analysis and explanation of results.

Conclusion – challenge the hypothesis or answer the questions asked.

Setting Up The Display – the purpose of the display is to show the course of the investigation and outcomes. The three-paneled free-standing display is used to highlight your investigation. Block the information in pencil, and when the display is complete, use a felt pen. Include the following information on the panels:

The purpose/problem (hypothesis) the investigation is about to answer

A description of the Procedure used to carry out the project

Results and conclusions (based on data collected)

Body of the data or a model of the center panel of the display

CLASSES – Section 007 – Food Science Display

| | |
|------------|------------|
| Class 1050 | Jr. Entry |
| Class 2050 | Int. Entry |
| Class 3050 | Sr. Entry |

DIVISION J – Club Demonstrations – Rules and Regulations

Must be registered for the presentation as a club and not an individual.

A division has been created for club groups to do a demonstration or illustrated talk. Clubs will choose their own topic including AT LEAST 5 or more club members participating. Demonstrations should range from 10-15 min in length. Class champions will not be chosen in this division. **A premium of \$25.00** will be given to each club.

University of Maryland Extension programs are open to all and will not discriminate against anyone because of race, age, sex, color, sexual orientation, physical or mental disability, religion, ancestry, or national origin, marital status, genetic information, or political affiliation, or gender identity and expression.

If you need assistance to participate in this program, please contact the Carroll County Extension Office (telephone: 410-386-2760; FAX: 410-876-0132) at least two weeks prior to the program

**CARROLL CO. 4-H PUBLIC SPEAKING CONTEST -
2023**



SUPERINTENDENTS: Della Leister (443) 375-0123 Rita Becker (443) 375-1114

CONTEST: SATURDAY, MARCH 11, 2023 – 9-11 A.M. – CARROLL CO. EXTENSION OFFICE

- Participants will need to report to the registration desk in Burns Hall immediately upon arrival to check-in and wait until your assigned room is available. You will need to pre-register. **Registration will occur through the Carroll County Fair website/registration system (www.carrollcountyfair.com) and will be opened from January 9, 2023 and closed February 10, 2023 at 11:59pm.**

RULES AND REGULATIONS –

1. The contest consists of the following categories: Prepared Speech, Extemporaneous Speech, Radio Spot Announcement, 4-H Pledge, Interpretations – Humorous, Poetry & Dramatic.
2. Contestants will participate in appropriate age category: Clovers = ages 5 – 7 years; Juniors = ages 8 – 10 years; Intermediates = ages 11 – 13 years; Seniors = ages 14 – 18 years. Ages are determined as of January 1st of the year in which the contest is held.
3. First-Year Juniors are 4-H members ages 8 – 10 years of age as of January 1 of the current year who have not participated or competed in either a county Demonstration Day or Public Speaking Contest.
4. First-Year Juniors may participate in Division C (Junior) OR Division B (First-Year Junior); BUT NOT BOTH.
5. Time limits: **Judges may deduct points for speeches not meeting or exceeding time limits.**
Prepared Speeches – Clovers = 2 to 4 minutes; Juniors = 3 to 5 minutes; Intermediates and Seniors = 4 to 6 minutes
Extemporaneous Speeches – Juniors and Intermediates = 2 to 3 minutes; Seniors – 3 to 5 minutes
Radio Spot Announcements - 30 seconds for all age groups
Dramatic Interpretation, Poetry Interpretation, Humorous Interpretation – Clovers, Juniors, and Intermediates = 2 to 3 minutes; Seniors = 3 to 5 minutes
6. Visual aids, including posters, are not permitted. Appropriate gestures are encouraged. Dramatic Interpretation contestants may opt to sit for their presentation.

Prepared Speech

7. **Prepared Speech** contestants may speak on any topic. It may be wise to discuss topics that could be considered as controversial with your 4-H or Extension Educator before the contest. The speech may be written for a specific audience such as a 4-H club, PTA, or a community-service organization. Note cards containing a key word outline are permitted. Only Juniors and Clovers may use a complete script.

8. Memorization is not encouraged; however, speaking from an outline is encouraged.

Extemporaneous Speech

9. **Extemporaneous Speech** contestants will draw three topics on the day of the contest. They will choose one topic to speak on. Juniors and Intermediates may have up to 30 minutes and Seniors may have up to 15 minutes to prepare their talk. Contestants may use one side of up to four or both sides of up to two 4” x 6” note cards to write their key word outline. No speech should be fully written on the cards.

Radio Spots

10. **Radio Spots** should be exactly 30 seconds in length and may include a musical or sound effect introduction and/or background, but **MAY NOT INCLUDE** a spoken introduction or “tag” by anyone other than the contestant. If music or a sound effect is used, the contestant must provide and operate the sound-making device.

The contestant **MUST** provide a complete written script (including notations about music/sound effects) to the timekeeper to aid in timing accuracy. Musical/sound-effect introductions and endings are considered a part of the radio spot and must not cause the 30-second time limit to be exceeded. The spot should relate to 4-H, be original and be created by the contestant. With the speaker’s permission, spots may be considered for promotional purposes.

11. Speakers may speak or interpret in a language of their choice. If using a language other than English, the participant must inform the Extension Office before the event so that judges may be acquired.

Interpretations

12. **Dramatic** – the memorized oral interpretation by an individual or a serious selection of narrative or dramatic literature. The speaker shall memorize this oral interpretation. It shall be a serious selection of narrative or dramatic literature. Monologues are acceptable. Mime (use of your body to create an interpretation) is also acceptable. Cuttings may incorporate characters, but monologues are acceptable. Contestants should bring two (2) copies of the

script they will be using including reference. Language other than English must be translated.

13. **Poetry** – the memorized oral interpretation by the speaker. Contestants should bring two (2) copies of the script they will be using including reference. Language other than English must be translated.
14. **Humorous** – the memorized oral interpretation of a humorous selection by the speaker. Cuttings may be taken from published plays or prose. Contestants should bring two (2) copies of the script they will be using including reference. Language other than English must be translated.
15. Speakers in the Interpretation Classes (Dramatic, Poetry and Humorous) can speak or interpret in language of their choice. If using a language other than English, the participant must inform the Extension Office before the event so that judges may be acquired.

4-H Pledge

16. **4-H Pledge class** is a non-competitive recitation of the 4-H Pledge. Participants will be evaluated as described on the score sheet. Judges may ask questions regarding the meaning of the Pledge and its significance to the participant.

Additional General Rules

17. Judges may ask questions of contestants in the Pledge, Prepared Speech, and Extemporaneous Speech, Dramatic Interpretation, Poetry Interpretation, Humorous Interpretation categories related to the presentation's topic. Due to time constraints, questioning should be limited to two or three minutes per speaker. Questions will not be asked in the Radio-Spot category.
18. At the State Contests, a contestant may only compete in one category. If a contestant wins more than one category at the County Contest, they must choose which category in which to compete at the State Contest. Only one Champion from the 3 Interpretive Presentations will go on to compete at the State Contest. Clover and Pledge classes will compete in Carroll County only.
19. The names of two ranked champions and two ranked alternates in each age group of each category will be selected to form a pool for possible representation at the State Contest. The highest ranked individual will represent Carroll County at the State Contest.
20. State Champions may not enter the same category and age group a second time. Previous year's local champion speeches may not be repeated.
21. Coaching during speech by family, friends, or others is not permitted.

22. All participants will be evaluated on the Danish System. Recognition and awards will occur at the conclusion of the contest. Premiums will be included with the premiums from the Carroll County 4-H/FFA Fair. The following premiums are offered for Junior, Intermediate and Senior participants: Champion Award - \$4; Blue Award - \$3.50; Red Award - \$3; White Award - \$2.50; Clover and 1st Year Junior participants will receive \$1.

23. **The Contest will start at 9:00 a.m. There will be no assigned times for speeches. Report to the registration desk in Burns Hall no later than 10:30 a.m. to sign up for your room. You will need to pre-register. Registration forms will be available on the Carroll County Fair website. There will be a link to direct you to the form. You will need to create a different login from the one you used for the fair.** Remember to allow preparation time for your extemporaneous speech (15 minutes for seniors, 30 minutes for juniors and intermediates).

CLASSES – Clover (ages 5 – 7)

- 101 Prepared Speech
- 102 4-H Pledge
- 105 Dramatic Interpretation
- 106 Poetry Interpretation
- 107 Humorous Interpretation

CLASSES – 1st Year Juniors (ages 8 – 10) [No previous participation in County Demonstration or Public Speaking Contests.]

- 202 4-H Pledge
- 205 Dramatic Interpretation
- 206 Poetry Interpretation
- 207 Humorous Interpretation

CLASSES – Junior (ages 8 – 10)

- 1001 Prepared Speech
- 1003 Extemporaneous Speech
- 1004 Radio Spot
- 1005 Dramatic Interpretation
- 1006 Poetry Interpretation
- 1007 Humorous Interpretation

CLASSES – Intermediate (ages 11 – 13)

- 2001 Prepared Speech
- 2003 Extemporaneous Speech
- 2004 Radio Spot
- 2005 Dramatic Interpretation
- 2006 Poetry Interpretation
- 2007 Humorous Interpretation

CLASSES – Senior (ages 14 – 18)

- 3001 Prepared Speech
- 3003 Extemporaneous Speech
- 3004 Radio Spot
- 3005 Dramatic Interpretation
- 3006 Poetry Interpretation
- 3007 Humorous Interpretation

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.

If you need assistance to participate in this program, please contact the Carroll County Extension Office (telephone: 410-386-2760; FAX: 410-876-0132) at least two weeks prior to the program.

SAVE THE DATES!



Career AGsperience Program
Come AGsperience Your Future with Us!
Unlock the Mysteries and Learn the Untold Secrets of Preparing for a Successful Career.

Explore:
 Career Planning, Resume Development
 Internship Acquisition, Interviewing Skills
 Business Etiquette, Agriculture Related Careers and Beyond

Open to any youth between 13-18 years old!
Information gained will be great for any career/college choice, not just AG related!

FREE PROGRAM
 Virtual Program - Jan 24-Feb 28, 2023
 Every Tuesday night at 6:30pm
 In-Person Program
 February 25th - Howard County Fairgrounds, 9:30am
 Register by January 10th (virtual) and February 10th (in-person) at:
<https://forms.gle/fakCmBiQLGiLq8Lz7>



"Beat The Mid-Winter Blah's" Registration Form

January 28, 2023 -- Carroll County Ag Center

UNIVERSITY OF
MARYLAND
EXTENSION



Registration deadline: 4:30 p.m., Jan. 6, 2023

Registration fee of **\$2.00** and this completed form due to: **Blah's, Carroll County 4-H Office**
Please make checks payable to "CCEAB" **700 Agriculture Center, Westminster, MD 21157**

Name: _____ Home phone: _____ Cell phone: _____

Email _____ Age: _____

Complete Mailing Address: _____

- 4-H Member: Yes No
- 4-H Club: _____
- **ONLY Registration Fee of \$2.00 should be sent with this completed form. An invoice will be mailed to you after registration deadline with the remaining cost.**

~ If you are an adult accompanying your child to classes, you do not need to pay the registration fee; however, please indicate in the class selection section which classes you will be attending with your child by circling Y or N.

- **Class Choices:** (Indicate 1st, 2nd, 3rd choices - If you do not indicate an alternate choice, one will be made for you.)
- **Lunch (Pizza, Chips, & Fruit Snacks)** will be available for **\$4** per person. On event day, extra slices of pizza will be available for purchase. Drinks are provided for all registrants at no charge whether or not you purchase a lunch.
- **Class confirmations, with fees owed, will be mailed following registration deadline.**
- **Registration (Burns Hall) beginning at 9:00 a.m. – All participants must stop at the Registration Desk to pick up their packet which will include class locations, name tag, schedule of classes selected, evaluation form and lunch ticket if applicable. Payment for classes will be collected at the Registration Desk. To save time and to avoid dealing with cash, only checks will be accepted, payable to "CCEAB".**

| | SESSION 1 (9:30-10:00) | SESSION 2 (10:10-10:40) | SESSION 3 (10:50 – 11:20) | SESSION 4 (11:30 – 12:00) | Lunch (12:00 – 12:30) Soda – Free; Pizza, Chips, & Fruit Snacks - \$4 | SESSION 5 (12:30 - 1:00) | SESSION 6 (1:10 – 1:40) |
|------------------------------|---|---|---|---|--|---|---|
| 1st Choice | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N | # of lunches _____ | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N |
| 2nd Choice | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N | / | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N |
| 3rd Choice | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N | / | Class No.: Fee: Accompanying Adult Y N | Class No.: Fee: Accompanying Adult Y N |

I hereby release the staff and volunteers of University of Maryland Extension and the Carroll County EAB from all liabilities associated with this activity.

(Signature of Parent/Guardian)

(Date)

SESSION 1: 9:30 - 10:00 A.M.

| Class # | Title | Instructor | Class | Ages | Items to Bring | Description |
|---------|---|-----------------------------------|-----------|--------------------------------------|--|---|
| 1A | Library 2 Part Class Paper Origami | Natalie Castonguay | No Charge | Ages 11+ | All materials provided | We will be making paper origami cubes and ninja stars! This is a 2-Part Class. You MUST sign up for Session 1A & Session 2A in order to take this class. |
| 1B | Room A & Kitchen 2 Part Class Valentine's Day Cupcakes | Becky Ridgeway | No Charge | All ages | Please bring 1 dozen cupcakes in a container | Learn how to make several designs for Valentine's Day Cupcakes! This is a 2-Part Class. You MUST sign up for Session 1B & Session 2B in order to take this class. |
| 1C | Room B 2 Part Class Jewelry Making | Erica McAndrew and Makenna Steele | \$3.00 | Ages 8+ (Must be able to use pliers) | Please bring jewelry pliers or needle nose pliers. | Bring your creativity and a pair of jewelry pliers or needle nose pliers. We will have all the supplies for you to make at least 2 pieces of jewelry from pendants to earrings. We have many different charms and beads to create your masterpiece. This is a 2-Part Class. You MUST sign up for Session 1C & Session 2C in order to take this class. |
| 1D | Room C 2 Part Class Inspirational Wood Signs | Elena Castonguay | No Charge | All ages | All materials provided | In this class, you will learn how to paint on wood using a staining technique. You will then paint on inspirational words and designs in a creative manner to use for decoration around your home. The wood is recycled wood that has been pre-cut and sanded down. However, you will be taught the process to do that so you can continue projects like this on your own! This is a 2-Part Class. You MUST sign up for Session 1D & Session 2D in order to take this class. |
| 1E | Room E 4 Part Class Felt Cactus Pincushion | Melanie Weaver | \$5.00 | Ages 8+ | All materials provided | Create your very own cactus pincushion, decoration or ornament. Embroidery stitches will be taught, allowing students to hand sew the felt pieces to create the cactus and flower. Once stuffed, the cactus will be set in a terracotta pot. The perfect accessory for your sewing box or for tabletop display. This is a 2-Part Class. You MUST sign up for Session 1E, 2E, 3E and 4E in order to take this class. |

| 1F | Alesia 1 Pinecone Gnomes | Jennie Chamelin | \$2.00 | All ages | All materials provided | Everyone loves a cute gnome! This craft will use a pinecone for our cute gnome body. It can be used as a decorative piece or makes a great gift! This project can be entered at the fair. |
|--|--|-----------------------------------|---------|----------|------------------------|---|
| 1G | Alesia 2 2 Part Class Believe Big Mug Painting | 4-H Cattle Club | \$15.00 | All ages | All materials provided | We're partnering with the Believe Big organization to provide spiritual and emotional refreshment to patients battling cancer and their families. All materials will be provided for you to paint a mug. Your mug will then be fired at a local pottery studio and then distributed to the nearest hospital or cancer center. It is Believe Big's goal that kids and adults paint and encourage patients within their own community. This is a 2-Part Class. You MUST sign up for Session 1G & Session 2G in order to take this class. |
| 1H | Medford 1 4 Part Class Beginner Rocketry | Sam, Caleb and Charlotte Chamelin | \$10.00 | Ages 8+ | All materials provided | Have you ever wanted to build a model rocket? Join us for this fun and educational class on Rocket Craftmanship. Each participant will make a rocket from start to finish that will then be able to be taken home and launched or entered at the fair. We will be using exacto knives, super glue, and sand paper. Please make sure that the participant is capable of using these tools. This is a 2-Part Class. You MUST sign up for Session 1H, 2H, 3H and 4H in order to take this class. |
| MOST OF THE CRAFTS MADE DURING THE BLAH'S MAY BE USED AS ENTRIES AT THE FAIR! | | | | | | |
| MANY OF THESE ACTIVITIES ARE MESSY - PLEASE DRESS APPROPRIATELY! | | | | | | |
| SESSION 2: 10:10 - 10:40 A.M. | | | | | | |
| Class # | Title | Instructor | Class | Ages | Items to Bring | Description |
| 2A | See 1A | | | | | |
| 2B | See 1B | | | | | |
| 2C | See 1C | | | | | |
| 2D | See 1D | | | | | |
| 2E | See 1E | | | | | |

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| 2F | Alesia 1 Building Bags | Ambassador Team | No Charge | Ages 8+ | Participants will need to bring travel sized hygiene items as well as other necessary items such as socks, mittens, and hats. | We will be making bags for the local homeless shelter in an effort to make the best better. All of the 4-Hers who are eligible will be able to earn up to two service hours from this class. Participants will need to bring travel sized hygiene items as well as other necessary items such as socks, mittens, and hats. |
| 2G | See 1G | | | | | |
| 2H | See 1H | | | | | |

MOST OF THE CRAFTS MADE DURING THE BLAH'S MAY BE USED AS ENTRIES AT THE FAIR!

MANY OF THESE ACTIVITIES ARE MESSY - PLEASE DRESS APPROPRIATELY!

SESSION 3: 10:50 - 11:20 A.M.

| Class # | Title | Instructor | Class | Ages | Items to Bring | Description |
|---------|---|------------------------------|-----------|----------|------------------------|---|
| 3A | Library 2 Part Class Snowman Pebble Art | Natalie Castonguay | \$1.00 | Ages 8+ | All materials provided | Create a decorative holiday canvas with a rock snowman and a painted tree. (We will be painting so wear appropriate clothing.) This is a 2-Part Class. You MUST sign up for Session 3A & Session 4A in order to take this class. |
| 3B | Room A & Kitchen 2 Part Class Fondant Flowers | Elena Castonguay | No Charge | Ages 8+ | All materials provided | In this class, I will briefly cover the basics of fondant before jumping right into the fun of learning how to make fondant roses. This class is for anyone who wants to learn how to use fondant, as well as anyone who may already have prior experience. By the end of the class, you will have at least one fondant rose and many new skills to take home! This is a 2-Part Class. You MUST sign up for Session 3B & Session 4B in order to take this class. |
| 3C | Room B 2 Part Class Snowman Ornaments and Stuffed Hearts | Cheryl Hill and Jenn Hiscock | No Charge | All Ages | All materials provided | In this fun class, you will make 2 ornaments or door hangers. The first is an adorable snowman ornament made from a tea light. Afterwards, you will hand sew a heart shaped ornament and then stuff it to make a nice gift or a project that can be entered in the Lost Arts Department at the Fair. This is a 2-Part Class. You MUST sign up for Session 3C & Session 4C in order to take this class. |

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| 3D | Room C 2 Part Class Perler Bead Heart Magents | Nichole Giordano | No Charge | Ages 8+ | All materials provided | Make a heart magnet with Perler beads (aka fuse beads, melty beads). This could be entered under bead craft, refrigerator magnet, or Valentine decoration in the fair. This is a 2-Part Class. You MUST sign up for Session 3D & Session 4D in order to take this class. |
| 3E | See 1E | | | | | |
| 3F | Alesia 1 2 Part Class Critter Crafts and Cocoa | Torrey Silliman | \$5.00 | Ages 8+ | All materials provided | You'll have the opportunity to create several winter wildlife inspired crafts, including a bird seed tree ornament, felt bird window strike deterrent ornament and create a nature journal. Hot Cocoa will be provided. It is recommended for junior members to have a parent/sibling along for an extra hand. This is a 2-Part Class. You MUST sign up for Session 3F & Session 4F in order to take this class. |
| 3G | Alesia 2 2 Part Class Find the Leader in You | Ambassador Team | No Charge | Ages 8+ | All materials provided | Do you have what it takes to lead a group of youth? Come and find out by taking turns leading a variety of interactive games with other class participants. The games include Hula Hoop Race, Human Yarn Knot, Four Corners, Silent Ball, Scategories, Rock Paper Scissors Race, Beach Ball Toss, Doggy Doggy Where's Your Bone, Night at the Museum, and Charades. This will be a fun and interactive, no-stress workshop led by the Carroll County 4-H Ambassador Team. This is a 2-Part Class. You MUST sign up for Session 3G & Session 4G in order to take this class. |
| 3H | See 1H | | | | | |

MOST OF THE CRAFTS MADE DURING THE BLAH'S MAY BE USED AS ENTRIES AT THE FAIR!

MANY OF THESE ACTIVITIES ARE MESSY - PLEASE DRESS APPROPRIATELY!

SESSION 4: 11:30 - 12:00 P.M.

| Class # | Title | Instructor | Class | Ages | Items to Bring | Description |
|---------|---------------|------------|-------|------|----------------|-------------|
| 4A | See 3A | | | | | |
| 4B | See 3B | | | | | |
| 4C | See 3C | | | | | |

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|----|---------------|--|--|--|--|
| 4D | See 3D | | | | |
| 4E | See 1E | | | | |
| 4F | See 3F | | | | |
| 4G | See 3G | | | | |
| 4H | See 1H | | | | |

MOST OF THE CRAFTS MADE DURING THE BLAH'S MAY BE USED AS ENTRIES AT THE FAIR!

MANY OF THESE ACTIVITIES ARE MESSY - PLEASE DRESS APPROPRIATELY!

SESSION 5: 12:30 - 1:00 P.M.

| Class # | Title | Instructor | Class | Ages | Items to Bring | Description |
|---------|--|---|-----------|----------|------------------------|---|
| 5A | Library Fun with Origami | Brenna Chamelin | No charge | All ages | All materials provided | Origami - the art of paper folding. Some people think it is boring, but it's really a lot of fun! In this class, we will make several different origami creations. All supplies will be provided. |
| 5B | Room A & Kitchen 2 Part Class Quick Breads | Liv Miller and Charlotte Chamelin | \$5.00 | Ages 8+ | All materials provided | Quick breads are always a yummy option for a dessert, snack or breakfast. Join Liv and Charlotte to make 2 easy recipes that you can then take home and bake. These recipes can also be made to enter at the fair. All supplies will be provided, but youth should be prepared to take home raw bread batter to be baked at home. This is a 2-Part Class. You MUST sign up for Session 5B & Session 6B in order to take this class. |
| 5C | Room B 2 Part Class All About Livestock Judging and Skillathon | Kathy Gordon, Caleb Chamelin, Andrew Knatz and Eli Barber | No charge | Ages 8+ | All materials provided | Have you ever been curious about Livestock Judging or Skillathon? This class will tell you all about both as well as provide some hands on experience. Both our coach and some of our top youth will be there to explain both project areas as well as walk you through judging classes, reasons and a mock skillathon. If you are interested in either of these project areas, this is the class for you! This is a 2-Part Class. You MUST sign up for Session 5C & Session 6C in order to take this class. |

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| 5D | Room C Cookies in a Jar | Sophie Sahn | \$5.00 | All ages | Please bring measuring cups and spoons. | We will be measuring and adding the dry ingredients of chocolate chip cookies to a jar that you will later be able to decorate and use as a gift, or bake at home. Participants should bring measuring cups and spoons. |
| 5E | Room E 2 Part Class Harry Potter Fun | Elena Castonguay | No Charge | All Ages | All materials provided | In this class, you will get to participate in numerous Harry Potter themed crafts and games! You do not need to have a bunch of background knowledge to have fun! This is a 2-Part Class. You MUST sign up for Session 5E & Session 6E in order to take this class. |
| 5F | Alesia 1 2 Part Class Building a Rabbit Nesting Box | Andy and Kathy Servin | \$5.00 | All ages | Please bring a Phillips and regular screwdriver labeled with your name. | We will build a nesting box! Younger 4-Hers may need adult assistance. This is a 2-Part Class. You MUST sign up for Session 5H & Session 6H in order to take this class. |

MOST OF THE CRAFTS MADE DURING THE BLAH'S MAY BE USED AS ENTRIES AT THE FAIR!

MANY OF THESE ACTIVITIES ARE MESSY - PLEASE DRESS APPROPRIATELY!

SESSION 6: 1:10 - 1:40 P.M.

| Class # | Title | Instructor | Class | Ages | Items to Bring | Description |
|---------|------------------------------------|-----------------|-----------|----------|------------------------|---|
| 6A | Library Fun with Origami | Brenna Chamelin | No charge | All ages | All materials provided | Origami - the art of paper folding. Some people think it is boring, but it's really a lot of fun! In this class, we will make several different origami creations. All supplies will be provided. |
| 6B | See 5B | | | | | |
| 6C | See 5C | | | | | |
| 5D | Room C Squishy Flyers | Ambassador Team | \$3.00 | All ages | All materials provided | A fun reusable water balloon alternative will make for an extra fun summer without the mess of picking up balloon pieces! |
| 6E | See 5E | | | | | |
| 6F | See 5F | | | | | |