

UNIVERSITY OF MARYLAND EXTENSION



Frederick County 4-H Newsletter

Frederick County 4-H News in May-July 2024

Did you know?

Did you know that Frederick County 4-H currently has 710 members? Currently we have 113 members who are Clovers. Clovers are 5-7 years old who can't wait to be old enough to be just like the big kids and have all those cool 4-H experiences.

Currently we have 460 4-Hers. 4-H youth are 8-18 years old who are trying things out to discover more about themselves. They are searching to find their Spark, that one thing that really excites them to want to learn all about it, become more knowledgeable, do the hard work and maybe become an expert about it someday.

Currently we have 137 volunteers (with 29 more in the onboarding process). Our volunteers are the Heart and Soul of our program. They bring great knowledge, patience, support and encouragement to our 4-H program. Without our 4-H Volunteers we would not have kids who can't wait to go to their 4-H club meetings. A place where they feel they belong. A place where they are with other kids who have interests like they do. A place where they can safely try something new and not be great at it, but still be encouraged to keep trying. A place where kids can grow well and thrive in their community! Thank you for YOUR PART in making Frederick County 4-H the PLACE to be! Whether you are a volunteer, a parent, or a child YOU are Frederick County 4-H, and YOU are what makes working for Frederick County 4-H SO GREAT!!!

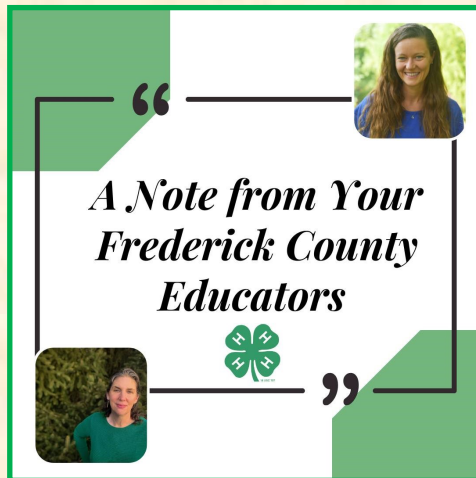
Warmest regards,

Frederick County 4-H Educators

Anna Glenn & Erin Kline

Anna (amglenn@umd.edu 301-600-3583)

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Exciting News!

Welcome Dawn, our Full Time 4-H Administrative Assistant!

We have some wonderful news to share with you! Dawn Downing accepted the position of full-time Administrative Assistant with our Frederick County 4-H program. Many of you know Dawn from her exceptional work in her part-time role with us, where she demonstrated dedication, enthusiasm, and a deep commitment to supporting our 4-H community.

Dawn stepped into this new full-time role on July 29th, bringing her extensive experience and passion for 4-H to our team. We are confident that her transition to full-time will enhance our program's efficiency and help us continue to provide outstanding support to our 4-H families and volunteers. Dawn's prior career was in finance in Montgomery

County Government as well as supporting the Montgomery County Council. Her expertise with all things fiscal, and her established relationships with faculty, staff, and 4-H families will prove invaluable in her new role. Please join us in congratulating Dawn on this well-deserved promotion and welcoming her into her new role.



Welcome Adley Jo Glenn!



We are thrilled to share some wonderful news with all of you! Frederick County 4-H Educator Anna Glenn and her husband Nathan have welcomed a beautiful new addition to their family.

Adley Josephine Glenn was born at 9:46 pm on Friday, June 14th. Adley Jo weighed 6.5 lbs and was 19.5 inches long.

Mom and baby are doing well, and we couldn't be happier for them and Nathan during this joyous time!

Please join us in congratulating Anna and her family on this precious new arrival!



Events

June Project Day



Our June 4-H Project Workshop was "Canning for Kids." Our expert canner and UME Family and Consumer Sciences Educator, Joi Vogin walked members through the steps needed to make strawberry jam. We had a full class with a lot of information to learn, but it was fun to do the steps together. Everyone got to take their jar of jam home to use immediately, or could choose to show it at the fair! Great job everyone! Keep a lookout for our future 4-H Project Workshops that come out in our Frederick County 4-H Spark emails.



Fiber Arts

The Fiber Arts 4-H Project Workshop Series meets every Wednesday through August 21st. The Sessions have had a great turn out and the youth have had lots of fun! Here are some pictures from night #2 where the 4-Hers, and some adults, learned needle felting. They each brought a picture to recreate using fiber. Beautiful designs!



Banner School 'Mornings on the Farm' Campers Visit

The Banner School 'Mornings on the Farm' Campers spent a few hours with us at the Extension Office learning about Urban Farming and the plants that we eat. In addition to 4-H Educator Erin Kline and 4-H Program Assistant Margaret Pierre-Nanan, special thanks to Joi Vogin, Family and Consumer Sciences Educator, along with Hood interns who lead Herbs and Veggies To Eat and Jeff Matt from the Master Gardener Demo Garden Committee, who gave a tour of the Demo Garden.



Events

Dairy Day

On June 4, 2024 Frederick County Educators went to Utica Park to attend the Frederick County Parks & Recreation National Cheese Day Celebration. They made cheese and did science experiments!



Farm to School Frederick

On June 3, 2024 Frederick County Educators along with Farm to School Frederick Volunteers hosted a field trip for students from Lincoln Elementary School to learn about all things strawberries! They harvested strawberries, made strawberry salad, planted seeds to take home, learned about how strawberries are pollinated and played lots of relay games to learn about plant parts.



C Burr Artz AgSploration Series



On May 17, 2024 at the C Burr Artz Library AgSploration series we learned all about corn. Kids were so surprised to learn about all the different products that corn is in (over 3,500 products like batteries, make up, and gasoline). Then we made our very own corn plastic frisbees by mixing corn starch, corn oil, and water. It was so fun to see how each person's Frisbee varied based on the ratios of ingredients they used.

Become a 4-H Volunteer today and help create life-changing experiences for youth in your community!

4-H Volunteers are a key component of the 4-H program. No matter your background or expertise, as a parent, a project leader, or any other leadership capacity, you can offer your unique talents, perspectives, and guidance.

- Lead community clubs, school-based or after-school programs, and camp settings
- Create community service opportunities for youth in your area
- Work with other adults to create fun and exciting programs



For more information and forms go to: <https://extension.umd.edu/locations/frederick-county/local-4-h-youth-education/ume-volunteers>

What are the steps to becoming a 4-H volunteer?

Enroll in 4-HOnline as a Volunteer to start the process.

- Go to <https://v2.4honline.com/>
- If you already have a family profile, while in your "Member List" click on "Add Member" and then complete *New Applicant* as your Volunteer position.
- If you are brand new to 4-H, please create a new account and then select *New Applicant* as your Volunteer position.

After you complete your enrollment in 4-HOnline, you will receive an email from Kim Krasauskis with the following steps for completing your 4-H Volunteer On Boarding:

- ◇ **1. Background Check:** Once you complete your 4-HOnline enrollment (#2 above), the Maryland 4-H office will send you an invitation email around the 1st or 15th of the month (depending on when you submitted your enrollment) through vendor *Sterling Volunteers*. **THIS MUST BE COMPLETED WITHIN 30 DAYS OF RECEIVING THE INITIAL EMAIL FROM TheAdvocates@sterlingvolunteer.com or you will be DISMISSED by Maryland 4-H for one year and unable to volunteer with 4-H until completing the onboarding in 2024.**
- ◇ **2. References:** An *Adobe Sign* email will be sent to your 3 references listed in your 4-HOnline Screening, so they can complete the reference form digitally. Please let them know in advance so they can watch for the email coming from kkrasaus@umd.edu.
- ◇ **3. Volunteer Orientation Training -Please watch [this 4-H Volunteer Orientation Video](#)** and then complete the Orientation Survey. Our office will automatically receive a notification of your completion of the 4-H Volunteer Orientation Training Survey.
- ◇ **4. Phone Interview** - To select a sign up time please go to: <https://bit.ly/4-HVolunteerInterview>
- ◇ **5. Signing an Appointment Agreement and Position Description** via an *Adobe Sign* email that will be sent to you after Steps 1-4 are completed.

**** A 4-H Volunteer cannot work with 4-H Youth until ALL the above steps are completed and the 4-HOnline record is approved by both the State office and our local Frederick County office. The volunteer will receive a welcome email after all steps and approvals are completed and they are cleared to work with 4-H youth.**

If you have any questions about becoming a volunteer, please reach out to Kim Krasauskis at kkrasaus@umd.edu or 301-600-1595.

News and Notes from the Great Frederick Fair:

New Website:

We have revamped our website with a new user-friendly look! Check it out at www.thegreatfrederickfair.com.

Fair Schedule:

<https://thegreatfrederickfair.com/schedule/>

Save the Dates:

Sept 10th – Pass pick up & Royal Ambassador Program
Sept. 13th – 21st – The Great Frederick Fair

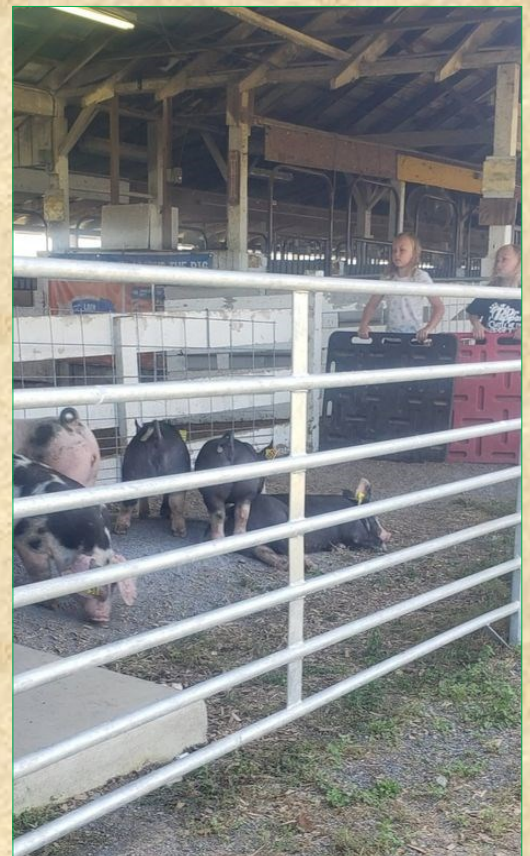


Eligibility Requirements:

All youth must be a member in good standing of either Frederick Co. 4-H, FFA or the GFF Youth Program. The GFF Youth Program is strictly for those individuals that are NOT participating in 4-H or FFA.



Sheep and goat weigh in June 3rd at The Great Frederick Fair!



Swine weigh-in June 1st at The Great Frederick Fair!



Club News

Rabbit Raisers

The rabbit raisers have been busy the last couple months. In April we invited Kemptown Honey to come to our club meeting and we enjoyed learning about how honey is produced and harvested. The club leaders organized a fun bowling party at Walkersville Lanes for our club. We also did a club craft for Fair. In May we invited Go Dog Go therapy team to our meeting to learn about what it takes to become a therapy dog and handler. We also got to meet 3 awesome certified dogs. Our landscaping committee started planning for our fair display. We have really enjoyed the past few months!

Submitted by: Gianna S.



Shookstown

Hope this year is off to a great start for everyone! Shookstown Club sure has been busy. We have had many successful community service projects the last couple months. In April, we collected stuffed animals/teddy bears to donate to Frederick Health Hospital. In May, we gathered bingo items that we donated to a nursing home. We collected different items the residents would like, i.e word search, lotion, toothbrushes, tissues. We also had a very successful fundraiser raffle in May. Our Club appreciates everyone that bought tickets. For our community service project in June, we did something different. We put together "birthday boxes" for Frederick County social services. It had various items for a birthday party and to make a cake. We hope the families and kids that get to enjoy these like them as much as we liked putting them together and delivering them. In between all this, we have had great meetings with new members. The members have been enjoying interacting with each other, especially with the different games at each meeting. In July, we will have our meeting/picnic and craft day. It's hard to believe the Frederick Fair is just around the corner. We can't wait to see all the successful kids and all their hard work they have done.

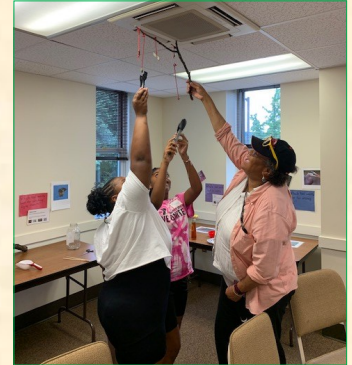
Submitted by: Laura, Pam & Ruby



Club News

City Youth Matrix

We love having the youth in the Extension Office! The City Youth Matrix Club recently had a meeting and learned about birds and how their beaks are adapted to best catch and grab the food they eat.



Kaleidoscope

The Kaleidoscope 4-H Club has continued to have a busy summer! The club helped with an annual clean up project at the Mt. Pleasant Ruritan Club. They held two successful Sno-Ball fundraisers: including one at the Shenandoah Valley Steam and Gas Engine Association! The Linganore Grange invited our club to give a presentation and they recognized two of our members (Issac and Samie) with outstanding 4-Her awards. The club has also been busy preparing numerous entries for the Fair. We are looking forward to a busy and exciting Fair season this Fall!

Submitted by: Ainsley H.



Club News

Lincoln

The Lincoln Elementary After-school 4-H Club applied and received a \$500.00 grant from the Maryland Sierra Club to replace invasive landscape shrubs with native plants at Lincoln Elementary School. This native landscaping provides habitat for insects and birds, as well as opportunities for children at Lincoln Elementary School to study and learn up close about wildlife. These plantings also help the school work towards becoming a Green School with the MAEOE (Maryland Association for Environmental and Outdoor Education). The entire process included coordination with the Lincoln School Administration, the Frederick County Board of Education Facilities Division, Frederick County Master Gardeners, The United Way, the Lincoln Elementary After-school 4-H Club leader Amy Rembold and local nurseries. For Earth Day, the Lincoln School Elementary After-school 4-H Club planted two Red Chokeberries. The students loved being able to plant shrubs and know that this plant will provide food for insects and wildlife. The following week the 4-H Club members watched as two sparrows were using the shrub as a perch. The students learned about invasive plants and that they do not provide food and habitat for local wildlife. They learned that by replacing the invasive with native shrubs, not only local wildlife would benefit but this action would prevent further spread of these invasive plants. During one of their 4-H Club meetings, the After-school 4-H Club spent the entire hour weeding and planting one of the beds in front of the school with the native shrubs. The members loved planting shrubs and some native flowers. The members learned that these plants would provide food and habitat for the local wildlife around the school. The Lincoln Elementary After-school 4-H Club has members aged 5-8 and meets weekly during the school year to engage in hands-on learning experiences involving outdoor education. They are able to learn about the environment around them and how to preserve it.



Club News

Rabbit Raisers

The Club's Summer is off to a great start. In June club members participated in the Central MD 4-H Spring Show, competing with their rabbits in the Rabbit Show, they had an amazing day! Later that month the club visited the Cleveland Bay horse farm; the members enjoyed a great day together and learning about the beautiful animals. In July we had our annual club picnic at the 4-H Camp Center. It has been a fun filled summer and we are excited to be heading into fair season.

Sawyer B,
Co-Reporter



Upcoming Newsletter Submission Deadlines:

News from August/September - Friday, October 4

News from October/November - Friday, December 6

Please email submissions to Kim Krasauskis kkrasaus@umd.edu

Nine Agency Rule Notification

The USDA Office of Assistant Secretary for Civil Rights (OASCR) recently sent out priority guidance regarding the revised 7 CFR Part 16 "Nine Agency Rule" on July 2, 2024. The revisions have clarified various provisions regarding notification requirements under the rule, which reestablishes important religious liberty protections for beneficiaries of federally funded social services (all extension programs).

AGNR operating units in whole or in part alert beneficiaries such programs and services are delivered on a nondiscriminatory basis through the utilization of public notification requirements and the University of Maryland's Policy on Nondiscrimination and Procedures VI-100 (B).



NOTICE TO BENEFICIARIES AND PROSPECTIVE BENEFICIARIES

Name of Organization: **University of Maryland Extension**

Name of Program: **Frederick County 4-H**

Contact Information for Program Staff: **Lynn Rubin Traversa, AED Central Maryland Cluster,
lrubin@umd.edu 301-600-3581**

Because this program is supported in whole or in part by financial assistance from the Federal Government, we are required to let you know that:

- (1) We may not discriminate against you on the basis of religion, a religious belief, a refusal to hold a religious belief, or a refusal to attend or participate in a religious practice;
- (2) We may not require you to attend or participate in any explicitly religious activities (including activities that involve overt religious content such as worship, religious instruction, or proselytization) that are offered by our organization, and any participation by you in such activities must be purely voluntary;
- (3) We must separate in time or location any privately funded explicitly religious activities (including activities that involve overt religious content such as worship, religious instruction, or proselytization) from activities supported with direct Federal financial assistance; and
- (4) You may report violations of these protections, including any denials of services or benefits by an organization, by contacting or filing a written complaint with the Office of the Assistant Secretary for Civil Rights, Center for Civil Rights Enforcement, Program Complaint Division by mail, fax, or e-mail at:

Mail:

United States Department of Agriculture
Director, Center for Civil Rights Enforcement
1400 Independence Avenue, SW
Washington, DC 20250-9410

Fax: (202) 690-7442

Email: program.intake@usda.gov

- (5) If you would like to seek information about whether there are any other federally funded organizations that provide these kinds of services in your area, please contact Latoya Hicks at lhicks12@umd.edu.

This written notice must be provided to you before you enroll in the program or receive services from the program, unless the nature of the service provided, or exigent circumstances make it impracticable to provide such notice before we provide the actual service. In such an instance, this notice must be provided to you at the earliest available opportunity.

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.

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